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# The Dynamics of Livelihood Vulnerability Index at Farm Household Level: An Empirical Analysis of the Coastal Sandy Zone in Thua Thien Hue Province, Vietnam

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#### **ABSTRACT**

Rural households in Vietnam have been facing various adverse impacts on their livelihoods. By using 28 indicators of sustainable livelihood framework (SLF), this study aims to identify the livelihood vulnerability index (LVI) of the households in the coastal sandy zone in Thua Thien Hue (TTH). Based on the baseline data in 2007-2008, the study conducted a survey of 110 households living in four districts of the region to have a thorough evaluation of LVI. The results showed that excluding the increase in natural capital index (0.194-0.225), the value of LVI reduced in the dimension of human capital (0.365-0.363), social capital (0.081-0.075), physical capital (0.139-0.048) and financial capital (0.405-0.273). In overall, the value of the LVI index scored 0.244 in 2007-2008 and 0.214 in 2017-2018, respectively. The research findings contribute a deeper understanding of the vulnerable context of household communities that support the issuance of policy intervention, a social project as well as impact assessment of the given factors such as change of vulnerable contexts, structure and process.

Keywords: Empirical Analysis, Farm Households, Rural Development

JEL Classifications: D120, Q120, R 580

#### 1. INTRODUCTION

Various studies were conducted to evaluate the livelihood vulnerability index at the household level but most of them merely tried to assess the value of the index by district or country at one specific time (Dhanani and Islam, 2002; Hahn et al., 2009b; Shah et al., 2013a; Ahsan and Warner, 2014; Duy et al., 2014; Pandey et al., 2017). This study applies a longitudinal survey by using a baseline study from 2009 of Hao to capture the evolution of the vulnerable index of households for long-term policy's vision. This approach could contribute significantly as a practical tool to having a thorough evaluation on the household's profile that will act as a foundation for the policymakers and policy implementors to implement a significant policy to accomplish the purpose

of sustainable livelihood strategy. In practice, the assessment of vulnerability has been considered a vital step to figure out the design, evaluation and direction of programs at multi-level (Sujakhu et al., 2018). An evaluation of livelihood vulnerability index (LVI) including three dimensions of vulnerability, adaptive capacity and exposure will provide the significant story of the households in 10 years. The changes of livelihood capitals will be identified to understand the drawbacks and achievements for the aims of proposing sustainable livelihood development under the context of vulnerability. It will also be the additional evidence for the government to focus on the negative sides of each capital. To implement the study, it is a must to answer some research questions: (i) What are the leading indicators that should be taken into account to calculate the LVI? (ii) What are the main changes

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of LVI and each major component in 10 years? (iii) What are the main reasons causing the change of LVI and each element in 10 years? (iv) From the findings of LVI and each major component, what are the essential solutions/recommendations that should be implemented to reduce the LVI?

Being primarily lived on agricultural activities, rural households in developing countries have been facing various adverse impacts threatening their livelihoods (Martin and Lorenzen, 2016). It was the fact that the linkage of households and farming operations with vulnerability has often been noted as vicious cycles. There is a diversification of vulnerable contexts such as shocks, trends, and seasonality. It can also be supplemented with the change of job opportunities, fluctuation of market prices and the effect of extreme natural hazard events (DFID, 2008a). Recently, climate change and its issues have been considering as the most critical challenge in the XXI century. It is followed by unforecastable trends and severe impacts. Climate changes in the form of temperature increase, rainfall reduction, and sea level rise have had severe impacts on livelihood strategy and outcome of the households (Vincent, no date; IPCC, 2014b). Many scholars have conducted various studies on the relationship between vulnerability and climate change. Climate change is also seen as an importantly contributed factor of analysis on vulnerability (Sujakhu et al., 2018).

The rural households in Vietnam and their livelihoods highly depend on agriculture. However, the dependency could vary by region (Thi, 2018). Owing to characteristics of the agricultural sector, the outputs significantly depended on the weather conditions (Giang and Pfau, 2009; Ngo et al., 2018; Nguyen et al., 2018). There is no doubt that this sector has made a significant contribution to Vietnam's economic development strategy, but it still exited diversification of drawbacks. The fact that is located in the central flooding zone of South East Asia, Vietnam was in the top five of countries impacted heavily by climate change (Navrud et al., 2012). As a consequence, the losses in agricultural activities may put the households into the vulnerable context. In other aspects, various worrisome stories of market price caused the difficulties to the households.

For the context of the research site, after the "doimoi" transformation, the implemented economy-oriented guidelines have been significantly contributing to the economic development especially in the dimension of poverty reduction, food security and Vietnam's position changing from food import to export. From the 1990s to 2000s, Vietnam focused the capital for developing the North and South regions (represented by Hanoi and Ho Chi Minh city). As a consequence, there was a big gap between the given areas and the rest of Vietnam including the central region where TTH province is located. In the middle of the 2000s, Vietnam changed its strategy. The central government reallocated the capital to develop other regions. Being located in the central region of Vietnam, TTH province experienced a much slower economic growth, especially the coastal areas are even more underdeveloped, and the poverty rate is ranked the highest in Vietnam (Thi, 2018). With over 70% of households lived in rural areas, the majority of income sourced from agricultural activities such as wet rice cultivation, small-scale poultry farming and aquaculture ("Nguyen," 2008). Hence, there were various adverse issues of climate variability such as early occurrence of flood and storm, temperature increase in summer and rainfall reduction in winter that have been affecting the livelihood strategy of the households (Ministry of Resource and Environment, 2010; IPCC, 2014b). In the labor force dimension, a majority of the labor force were low-skilled and untrained causing difficulties in having job opportunities. Recently, the migration wave could bring more opportunities for income diversification, but on another hand, this gave a fall in the labor force in the agricultural sector (VUSTA, 2011; Malik et al., 2013; Nguyen et al., 2015). Turning to land issues, various problems of small land area per capita, inequality of land allocation, low levels of soil fertility and land degradation put the households into the vulnerable context. Recently, although the local government has been implementing various policies to improve livelihood for tenants, they have still faced some current drawbacks such as lack of information, poor infrastructure conditions, low ability in getting access to credit and market. For a short conclusion, the given statements would aggravate the vulnerability of the households (Hao, 2009). There was still little information about the vulnerable index, especially in the approach of panel data to see changes in the vulnerability and these issues in a long-term period.

For the structure of the study, excluding the introduction, the next sections will present (i) the materials and methods, (ii) findings and discussions and (iii) conclusions and recommendations.

#### 2. MATERIALS AND METHODS

### 2.1. Literature Review on Livelihood Vulnerability Index

The definition of livelihood vulnerability was firstly proposed in brief in the sustainable livelihood framework (SLF) in the midterm of 1980 (Chambers, 1989; Scoones, 1998). After that, this idea has been continuously applied by various practitioners with different fields of study in rural development (Carswell, 1997; Ellis, 1998; Hussein and Brighton, 1998; DFID, 2008b). Many studies focused on identifying the review of theory and definitions (Carswell, 1997; Bebbington, 1999; Smit and Wandel, 2006; Engle, 2011; Hinkel, 2011; Carr, 2014; Wiréhn et al., 2015; Baffoe, 2018) while the other tried to develop and apply the indicator system to empirical research (Vincent, no date; Hahn et al., 2009b; Few and Tran, 2010; Shah et al., 2013a; Ahsan and Warner, 2014; Nhuận, 2015; Huang et al., 2017; Adu et al., 2018; Huynh and Stringer, 2018a; Oo et al., 2018; Thi, 2018; Tuihedur et al., 2018; Zhang et al., 2018; Baffoe and Matsuda, 2018; Beringer and Kaewsuk, 2018; Bhattacharjee and Behera, 2018; Graham et al., 2018; Huynh and Stringer, 2018b). The concept of vulnerability was a broad-ranged approach by many principles from economics, sociology, anthropology as well as psychology and engineering (Adger, 2006; Sujakhu et al., 2018). LVI assessment was the vital step in developing adaptation strategies, policies and programs to reduce risks associated with climate change (Sujakhu et al., 2018; Thi, 2018). The vulnerability framework based on the IPCC definition (IPCC, 2001) is considered a powerful analytical tool for assessment. Based on this broader framework, Hahn et al. (2009) developed an indicator-based vulnerability assessment that has been applied and added by many experts in different contexts (Thi, 2018).

Recently, many studies related vulnerability to the impacts of climate change (Smit and Wandel, 2006; Wall and Marzall, 2006; Ramamasy and Baas, 2007; Hassan and Nhemachena, 2008; Hahn et al., 2009a; Shah et al., 2013b; IPCC, 2014a; Olajide and Lawanson, 2014; Thornton et al., 2014; Oo et al., 2018). With the increasingly adverse impacts from climate change, vulnerability evaluations have drawn much attention in the literature (Tian et al., 2015). Most studies relied on the SLF to compose the group of indicators to carry out the vulnerability index in different ways but those shared a commonality with the construction of five sources of capitals namely social, human, physical, financial and natural that were under the influence of the vulnerable context. In detail, the LVI assessments included precise variables, such as socioeconomic status, access to land, age and gender, education level, occupations, migration strategy, education and social capital, access to credit with or without a specific environmental context, to measure vulnerability at the household level (Tian et al., 2015; Huynh and Stringer, 2018a; Thi, 2018). The purpose of using SLF generally aimed to propose solutions to achieve the livelihood outcomes such as income increase, well-being, food security, improved social balance and good adaption to climate issues. For boundary partners, this concept could be a powerful analytical tool for the government at different levels identifying the household's profile that served for guiding normative analysis of actions to enhance well-being under the approach of reducing vulnerable (Adger, 2006). However, despite providing an excellent literature review on the vulnerable status, the findings from the overall of the LVI, they did not mention how the households were vulnerable and the used indicator of the LVI sometimes could not reflect in detail the people's vulnerability (Tian et al., 2015). In a short discussion, it seems to be these variables having different explanations in different places/contexts (Tian et al., 2015).

To carry out the LVI, many scholars proposed and applied a wide range of approaches; yet those shared some general steps. In the priority step, it was necessary to identify the indicators to collect information (Oo et al., 2018; Sujakhu et al., 2018). It depended on the purposes and characteristics of research sites, then the study would apply the appropriate indicator system (Sujakhu et al., 2018). The proposed index would be used to calculate the major components of LVI and LVI in overall. The findings generated from the LVI might be the foundation to study the adaptation strategy at the household level to cope with the risks in general as well as climate change (Engle, 2011; Zhang et al., 2018). Recently, some studies tried to evaluate the LVI and classified it into four quintiles and analyzed the factors affecting the LVI of the households (Sujakhu et al., 2018). However, this application could be used in the case of one specific time. Besides, some studies examined the LVI and took into account the view of the institutions and the interaction of actors in the institutions (Huynh and Stringer, 2018a). The findings proposed some valuable guidance not only at the household level but also at the local level. In the last term, the relevant studies of vulnerability were still limited. An interesting common point was that a majority of studies on vulnerability compared the LVI between district and district at the provincial level (Hahn et al., 2009c; Viet, 2015; Wijayanti and Pratomo, 2016; Avogo et al., 2017; Huang et al., 2017; Baffoe and Matsuda, 2018). There was a fact that this index could also be utilized to conduct the collaborative research to examine the LVI by countries, and propose the solution at the regional level (Eriksen et al., 2005; Hahn et al., 2009c; Baffoe, 2018; Sujakhu et al., 2018). The states which could make the comparison usually shared common socioeconomic conditions or geographical location (Duy et al., 2014).

An assessment of the LVI generally comprised deductive argumentation, inductive argumentation, normative and non-substantial arguments under the context of climate change (Hinkel, 2011; Sujakhu et al., 2018). Some of the studies using cross-theoretical approaches included vulnerability, exposure and adaptive capacity. In which, vulnerability was most often conceptualized as being constituted by group components that include exposure and sensitivity to perturbations or external stresses, and the capacity to adapt (Adger, 2006). Exposure was the degree, duration, and/or extent in which the system was in contact with, or subject to, the disturbance; sensitivity was the degree to which a system was modified or affected by a disorder; and the capacity to respond (also known as adaptive capacity) was the ability of a system to cope with or recover from the disturbance (Reed et al., 2013).

The fact that the idea of applying which framework and how many indicator systems should be used depends on many factors such as geographic conditions, socioeconomic status of research sites as well as types of literature that we have. No single approach should be flawlessly correct because it had some strengths and limitations (Oo et al., 2018). From the result of the baseline data in 2007-2008, this study adapted the indicators system from Hahn et al. in 2009 (Hahn et al., 2009c) and updated some new indicators from relevant documents that shared the same conditions with the research site in the case of Vietnam. This approach provided a complete picture of vulnerability with more relevance thanks to the past experience (Oo et al., 2018). Full of indicators applied in the model included 28 units that are divided into five major capitals. The strengths of this study are using the baseline study in 2007-2008 (Hao, 2009) that will provide a better understanding of vulnerability in 10 years; and also by using the appropriate methods of data collections such and historical profile, key informant interview, this will help to answer the vague questions about who is vulnerable and why.

Table 1 presents the factors and their proxies (indicators) that are used in published studies to assess vulnerability, as well as social vulnerability to climate change at a different scale.

#### 2.2. Development of the LVI

Table 1 provides information about ten groups of components based on five sources of capital to build the LVI. Each indicator includes a measurement unit and relevant references. The calculation of LVI bases on a weighted balance approach introduced by Sullivan in 2002 where each sub-component contributes equally to the overall index (Sullivan, 2002b), to calculate LVI that needs to go through three stages. At first, it calculates the value of each indicator, then that of the major components, and finally all components in overall are constructed into the LVI.

The fact was that it was a diversification of measured variable in a different scale, so it needed to normalize each as the index with the same measurement. By doing that the human development index approach was used to calculate the life expectancy index (Cooke et al., 2007). The equation (1) is as follows:

Index St = 
$$(S_t - S_{min})/(S_{max} - S_{min})$$
 (1)

Where  $S_t$  is the actual value of sub-component for term t;  $S_{min}$  and  $S_{max}$  are the minimum and maximum values of each term. It needs to pay attention to some specific cases with different transformed methods. For example, the average time to travel to the health care center of sub-component ranges from 1 to 100 min of the survey. Then the minimum (0) and the maximum (100) value will be applied using the equation 1 to transform this indicator

Table 1: Indicators with relevant reference of livelihood vulnerability assessment

Component	Status	Indicator	Relevant references
I. Human			
Health	New	(1) HH with sanitary latrine/toilet	
	Modified	(2) HH head often got sick	(Hahn, Riederer and Foster, 2009c)
	Modified	(3) Average time to travel to the health care	(Hahn, Riederer and Foster, 2009d; Shah
T 1 11 1 4 4	M 1:0 1	center	et al., 2013a)
Livelihood strategy	Modified	(4) HH did not have at least one migrant	(Hahn, Riederer and Foster, 2009c; Shah et al., 2013a; Wiréhn, Danielsson and Neset, 2015)
	Modified	(5) HH lived on agriculture as major source of	(Clark et al., 1998; Hahn, Riederer and Foster,
	Wiodilied	income	2009c; Shah et al., 2013a)
	Modified	(6) HH with family member engaging in	(Shah et al., 2013a)
		non-farm activities	
	Modified	(7) Average of livelihood diversification index	(Hahn, Riederer and Foster, 2009c; Shah et al.,
			2013a; Ahsan and Warner, 2014; Huynh and
17 1. 1 1 . 1 . 11	M. EC. 1	(0) 11111 1 11111	Stringer, 2018b)
Knowledge and skill	Modified	(8) HH head with illiteracy	(Hahn, Riederer and Foster, 2009b, 2009d; Shah et al., 2013a; Ahsan and Warner, 2014)
	Modified	(9) HH head only having primary school	(Hahn, Riederer and Foster, 2009c)
	Wiodilled	education	(Talli, Redderer and Foster, 2009e)
	Modified	(10) HH head not joining the training course	(Duy Can, Hong Tu and Thai Hoanh, 2014)
II. Natural			
Land	Modified	(11) Landless HH	(Duy Can, Hong Tu and Thai Hoanh, 2014)
Not not now many	Modified	(12) HH with small land scale (0.1-0.5 ha)	(Duy Can, Hong Tu and Thai Hoanh, 2014)
Natural resources Natural disasters and climate varia	Modified	(13) HH lived on exploiting natural resources	(Duy Can, Hong Tu and Thai Hoanh, 2014)
Tvatural disasters and elimate varia	Modified	(14) Ave. no. of death or injuries caused by severe floods in the past 10 years	(Hahn, Riederer and Foster, 2009c)
	Modified	(15) HH did not receive at least a flood warning	(Hahn, Riederer and Foster, 2009b)
	Modified	(16) Average number of floods/storms	(Hahn, Riederer and Foster, 2009b)
	Modified	(17) SD of Average of rainfall per month	(Hahn, Riederer and Foster, 2009c; Heltberg
			and Bonch-Osmolovskiy, 2011; Shah et al.,
	Madified	(10) CD of Aviarage of temporature	2013a) (Hohn Bioderer and Faster 2000a: Helthers
	Modified	(18) SD of Average of temperature	(Hahn, Riederer and Foster, 2009c; Heltberg and Bonch-Osmolovskiy, 2011; Shah et al.,
			2013a)
III. Social			20100)
Socio-demographic	Modified	(19) Female HH head	(Hahn, Riederer and Foster, 2009c; Ahsan and
			Warner, 2014)
	Modified	(20) Dependency ratio	(Hahn, Riederer and Foster, 2009c; Ahsan and
	Modified	(21) Poor HH	Warner, 2014) (Vincent, no date; Clark et al., 1998; Neil
	Modified	(21) 1 001 1111	Adger, 1999; Siagian et al., 2014)
Socio networks	Modified	(22) HH receiving help when needed	(Ahsan and Warner, 2014)
	Modified	(23) HH without having at least a membership	(Hahn, Riederer and Foster, 2009c; Duy Can,
		of any organizations	Hong Tu and Thai Hoanh, 2014)
IV. Physical		(A.D. 7777 - 14)	(D. G. 17 T. 17 1.71 1.404.0)
Housing and production means	Modified	(24) HH with temporary house	(Duy Can, Hong Tu and Thai Hoanh, 2014)
	Modified	(25) HH with affected house due to flood, storm (partially/totally submerged)	(Duy Can, Hong Tu and Thai Hoanh, 2014)
	Modified	(26) HH reporting no access to production means	(Duy Can, Hong Tu and Thai Hoanh, 2014)
Physical vulnerability index (P)		meuno	
V. Finance and income			
	Modified	(27) Lend money	(Hahn, Riederer and Foster, 2009c; Ahsan and
			Warner, 2014)
	Modified	(28) HH did not have cash when needed (%)	(Huynh and Stringer, 2018b)

into a standardized index so the health component of the LVI can be taken into account. In the case of the average agricultural livelihood diversity index that needs to convert using the equation with the inverse (number livelihood activities +1). For example, one household has three farming activities including crops, animals and off-farm then converted value will be equal to 1/(1+3)=0.25. After that, the Eq. (1) is used to standardize the indicator. In this case, we come to an assumption that the household with more livelihood activities will reduce vulnerability. After each indicator was standardized, the sub-components were averaged using Eq. (2) to calculate the value of each major component (Hahn et al., 2009c).

$$M_{t} = (Index S_{ti})/n$$
 (2)

Where  $M_i$  is one of the ten major components, each term including health (H), livelihood strategy (LS), knowledge and skill (KK), land (L), natural resources (NR), natural disasters and climate variability (NDC), socio-demographic profile (SDP), socio networks (SN), housing and production means (HPM), finance and Income (FI). Index  $S_{ii}$  represents the value of the sub-components, indexed by i, that account for each major component of each term and n is the number of sub-components in each major component.

The LVI of each term is calculated in Eq. (3).

$$LVI_{t} = (wH*M_{t}H+wLS*M_{t}LS+wKK*M_{t}KK+wL*M_{t}L+ wNR*M_{t}NR+wNDC*M_{t}NDC+wSDP*M_{t}SDP+ wSN*M_{t}SN+wHPM*M_{t}HPM+WFI*M_{t}FI)/(wH+wLS+ wKK+wL+wNR+wNDC+wSDP+wSN+wHPM+wFI)$$

$$(3)$$

Where LVI<sub>1</sub> is the livelihood vulnerability index for term t. This is the weighted balance of the ten major components. The value of each major component, wM<sub>1</sub> are determined by the average of major component to ensure that all sub-components equally contribute to the overall LVI. The value of the LVI scores from 0 (least vulnerable) to 0.5 (most vulnerable).

#### 2.2.1. Calculation of the LVI–IPCC: IPCC framework approach

This formulation was totally adapted from the framework by Hahn et al. (2009) (Hahn et al., 2009c) with three dimensions of the same data for calculating the LVI. LVI–IPCC is combined with the contributed factors as shown in Table 2.

The equation function is presented as follows:

$$CF_{t} = (wM_{t} * M_{t})/wM_{t}$$

$$(4)$$

Table 2: Contributed factors of LVI-IPCC

IPCC Contributing factors to vulnerability	Major components exposure
Exposure (e)	Natural hazards and climate vulnerability
Adaptive capacity (a)	Socio-demographic Livelihood strategies
	Socio networks
Sensibility (s)	Health, knowledge and skills
	Land and natural resource
	Housing and production means
	Financial

Source: Adapted from Hahn, Riederer and Foster in 2009

Where CF<sub>t</sub> is the definition of contributed factors in IPCC framework for exposure, adaptive capacity or sensibility at the research site by term t.

 $M_{ii}$  is the major components for the study site at term i;  $wM_t$  is the weight of each major component, and n is the number of major components in each contributed factor.

The value of LVI–IPCC is determined by Eq. (5) with adapted by Hahn et al. (2009) (Hahn et al., 2009c):

$$LVI-IPCC_{+} = (e-a)*s$$
 (5)

Of which, LVI–IPCC<sub>1</sub> is the value for the research site at term t followed by IPCC framework, e is the value of exposure, a is the value of adaptive capacity and s is the value of sensibility. The range of LVI–IPCC was scaled from -1 (least vulnerable) to +1 (most vulnerable).

#### 2.3. Data Collection

#### 2.3.1. Research site selection

Based on the empirical study in 2009 (Hao, 2009), this study implemented the survey in the coastal sandy zone with 4 districts including Quang Dien, Phong Dien, Phu Vang and Phu Loc district that represent the coastal sandy zone in Thua Thua Hue (Map 1). This area goes alongside the sea with a total length of 105 km. The coastal sandy zone constitutes over 18% of the total provincial area, occupying approximately 50% of the total population of the province. The average population per district varies considerably and ranges from 92,000 inhabitants in Quang Dien to 179,000 inhabitants in Phu Vang. About 90% of the population of the region are living in the rural region (Provincial comittee of Thua Thien Hue, 2018b).

#### 2.3.2. Data collection

For this study, secondary and primary data were used analysis. The secondary data used relevant literature reviews to construct the framework as well as the based indicators. In addition, the data concerned to climate was collected from many sources to serve the study.

To prepare for the household survey, this study used some different approaches. Historical profile, this method aims to consider the main events that happen of each study site from the past toward the present. Especially, the relevant information that happened through the past to present, focusing on the special milestones such as the term of significant infrastructure construction, the changes of livelihood structure and important historical floods and storms. Key informant interview (KII) with 2 KIIs provincial level, 7 KIIs at the district level and 7 KIIs at commune level were organized to capture the general information of livelihood capitals, the context of vulnerability at the research site. In-depth interview, this method aims to collect in-depth related issues for fulfilling information about the particular situation of the household. This generally presented as a profile of household and their story about the research problem. Focus group discussion, this method aims to collect some information relating to the current condition of livelihood, livelihood change, constraints and advantages of current livelihood.

Map 1: Thua Thien Hue province and research areas (Provincial Committee, 2015)

Figure 1: Research design framework

- Literature review and secondary data to identify research objectives
- Field trip and reconfirm the number of household survey of provided list from baseline study
- Historical profile, group discussion, key informant interview, participatory rapid assessment
- Using structured questionnaire to collect information of 110 HHs
- Using structured questionnaire to collect information of 110 HHs and data inputting
- Development of the LVI and LVIIPCC
- · Conclusions and recomendations

For the household survey, this study based on the baseline data in 2009 (Hao, 2009) that was carried out in 2007-2008 in four districts representing for the coastal sandy zone in TTH. In the baseline study, a total of sample size included 136 households distributed to the four districts in the province. For sample selection method, due to the limitation of time and budget, the study selected a quota of 136 households. In the research design framework, to identify the study site in the province, various conservations with the key informant interview at multi-level were firstly conducted. Besides, the relevant documents such as maps, the annual report was taken into account carefully. Some key criteria had to be strictly observed that includes the study site should meet the requirements of a representative of the rural context about the diverse agro-ecological and socioeconomic conditions; the study site should be consisted multilevel of infrastructural access; it also considers the inclusion of diversification about livelihood activities. For the targeted households, a two-stage design method was applied. After 10 years, because of many reasons, only 110 households are

active, 26 households were removed from the study, in which, 6 households migrated to other provinces, 12 heads of household died, 2 heads of household had a high rate of birth, 2 households did not join the survey and 4 households were not willingness to join the survey. The same questionnaire with a baseline study was used to collect the information of the households.

#### 3. RESULTS AND DISCUSSIONS

Table 3 shows the general information of five types of capital with 28 indicators that are grouped into ten major components. The information of Figure 2 provides the comparisons of each capital in the 10-year period. The overall of LVI reduces from 0.244 to 0.214 (this index ranges from 0 to 1, from less vulnerable to most vulnerable). In detail, the research finding provided a similar trend with the slight reduction of the vulnerable index in the cases of five types of capitals. The given change showed the positive dynamic progress of the households with a vulnerable context. The next section will go through analysis with each capital.

Table 3: Results of all type of capitals and components for calculating LVI

Type of Capital	Indicator		Observed value		Index	
			2007-2008	2017-2018	2007-2008	2017-2018
I. Human capital						
Health	(1) HH with sanitary latrine/toilet	(%)	12.7	2.7	0.127	0.027
	(2) HH head often got sick	(%)	6.4	13.6	0.064	0.136
	(3) Average time to travel to the health care center	Min	17.7	14.2	0.188	0.198
Livelihood strategy	(4) HH did not have at least one migrant	(%)	67.3	41.8	0.673	0.418
	(5) HH lived on agriculture as major source of	(%)	84.5	58.2	0.845	0.582
	income					
	(6) HH with family member engaging in non-farm activities	(%)	51.8	60.0	0.518	0.600
	(7) Average of livelihood diversification index	Activity	0.3	0.2	0.302	0.275
Knowledge and skill	(8) HH head with illiteracy	(%)	1.8	9.1	0.018	0.091
C	(9) HH head only having primary school education	(%)	40.9	46.4	0.409	0.464
	(10) HH head not joining the training course	(%)	50.0	33.6	0.500	0.336
II. Natural capital	(10) Thi nead not joining the training course	(70)	30.0	33.0	0.500	0.550
Land	(11) Landless HH	(%)	4.5	2.7	0.045	0.027
	(12) HH with small land scale (0.1-0.5 ha)	(%)	6.4	26.4	0.064	0.264
Natural resources	(13) HH lived on exploiting natural resources	(%)	3.6	5.5	0.036	0.055
Natural disasters and	(14) Ave. no. of death or injuries caused by severe	No	0.0	0.0	0.000	0.000
climate variability	floods in the past 10 years	110	0.0	0.0	0.000	0.000
	(15) HH did not receive at least a flood warning	(%)	9.1	3.6	0.091	0.036
	(16) Average number of floods/storms	No	8.4	7.5	0.605	0.558
	(17) SD of Average of rainfall per month	mm	318.3	321.9	0.509	0.514
	(18) SD of Average of temperature	$^{0}c$	4.1	3.8	0.204	0.344
III. Social capital						
Socio-demographic	(19) Female HH head	(%)	3.6	4.5	0.036	0.045
	(20) Dependency ratio	(%)	0.4	0.3	0.079	0.073
	(21) Poor HH	(%)	14.5	16.4	0.145	0.164
Socio networks	(22) HH receiving help when needs	(%)	10.0	6.4	0.100	0.064
	(23) HH without having at least a membership of	(%)	4.5	2.7	0.045	0.027
	any organizations					
IV. Physical capital						
Housing and production means	(24) HH with the temporary house	(%)	18.2	4.5	0.182	0.045
	(25) HH with affected house by flood, storm (partially/totally submerged)	(%)	10.0	4.5	0.100	0.045
	(26) HH reporting no access to production means	(%)	13.6	5.5	0.136	0.055
V. Financial capital						
Finance and Income	(27) Lend Money	(%)	62.7	45.5	0.627	0.455
	(28) HH did not have cash when needed	(%)	18.2	9.1	0.182	0.091
LVI		` /			0.244	0.214

Source: Baseline data in 2009 and surveyed household in 2017-2018

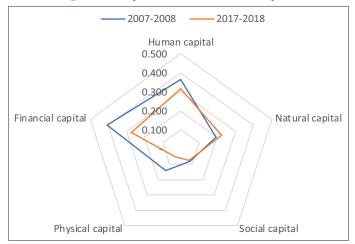
#### 3.1. Vulnerability in the Dimension of Human Capital

The human vulnerability index comprises health condition, livelihood strategy and knowledge and skill. In overall, this index reduced from 0.365 to 0.313. The fact that with many supported health programs from the government as well as the improvement in living standard, health care conditions have been improved for households. Besides, the growth in infrastructure conditions gathering with more quantity of private vehicles that could reduce the time to travel to the healthcare center. Recently, the local government has been implementing the new rural development program that required to upgrade the connecting roads between the village and village, commune and commune that could be the excellent explanation for the development of the infrastructural system. The standard toilet was upgraded to ensure excellent conditions for healthcare. In the

last 10 years, there were still many cases of the household without having the toilet causing the various problems of health's issues, life quality and also environmental pollution. Some programs from local government and mass associations supported for the households to have a standard toilet that was the reason for the less vulnerability in this indicator. In general conclusion, it witnessed the less vulnerability of households with health vulnerability index, reduced significantly from 0.126 to 0.120.

In the domain of livelihood diversification index, the results showed that at present, the value of this index was lower than that during the 10 years, 0.585 compared with 0.469. Migration strategy was considered a significant pathway to divert the income of the household. It was the fact that the migration wave to the

Figure 2: Comparative of five sources of capitals



Source: Baseline data in 2009 and surveyed household in 2017-2018

developed cities was considered a significant strategy for the household (Adger et al., 2002; Long and Phuong, 2013; Coffey et al., 2015; "Impact of Special Economic Zones on Employment, Poverty and Human Development Working Paper no. 194 Impact of Special Economic Zones on Employment, Poverty and Human Development Aradhna Aggarwal," 2016). The remittance from the migrants might help the household upgrading their living conditions, reinvesting in running business activities. Information from interviewed households and KII revealed an exciting result that in some cases household returned their hometown to open the company for businesses that made a significant contribution to local job generation. Beside various benefit dimension, the migration strategy created some drawbacks such as shortage of labor in the agricultural sector, this shared the ideal of Mendola in 2006 (Mendola, 2006). In other aspects, the integration with cross-cultural exchange from migrants might cause a change in the traditional culture of the rural areas. The finding demonstrated that the value of the index HH does not have at least one migrant reduced significantly from 0.673 to 0.418.

The households diversified more activities than before to improve their income source, and they focused on the none-farming activities to be less depended on the agricultural sector. In the past, during the flood season, the households encountered difficulties in finding work to generate more income, with the transition of livelihood strategies into non-farming activities or migration to another province, this is the effective way to reduce the dependence on agricultural activities. It was the fact that the study shown a slight decrease of vulnerability after 10 years for the two indicators including HH's dependence on agriculture as major source of income (0.845-0.582) and livelihood diversification index (0.302-0.275). Otherwise, there was still a higher vulnerability score in the dimension of HH with family member engaging in non-farming activities (0.518-0.600).

In the term of knowledge and skill, it showed a slight reduction of the vulnerable index after 10 years, 0.309 compared with 0.297. In some cases, male labors joined other activities outside their province after crop season had ended to diversify their income sources, thus reducing the vulnerability of the household. The given results also presented a new trend that the position of the household head could be changed from male to female in a family. In the category of the education level for the head of household, there was no significant change in the level of education for the head of household with the majority of the household head attending primary school and having illiteracy. This could cause various barriers in accessing information and applying know-hows for the households. However, with many supported programs in training for the rural areas, the households have more chances to participate in the training courses to raise their capacity to improve their livelihoods and reduce the vulnerable situation. Besides, the findings also identified that there was a significant increase in the domain of the percentage of households attending the training courses.

#### 3.2. Vulnerability in Term of Natural Capital

After 10 years, the natural capital index witnessed a slight increase from 0.194 to 0.225 that was contributed by land, natural resource and natural disaster, and climate variability components. A greater reduction of the landless index that reduced from 0.045 in 2007-2008 to 0.027 in 2017-2018; households with small-scale land increased from 0.064 in 2007-2008 to 0.264 in 2017-2018. It was likely the story of migration wave, a major of the family member participated on the non-farming activities in the outside province, some of the households were in the high rate of birth due to the transforming of land use to others who need land for cultivation. Furthermore, some negative issues from raising aquaculture due to the transfer of the land to other people from different villages that also contributed to the reduction of land in the research sites. In addition, the trend of using natural medicine for treatment brought more changes for a household in collecting natural resource to generate more incomes. This was also the stable income source in the case of households having related business activities of this sector. In other aspects, this source of income could cause the degradation of natural resources.

In the dimension of natural disasters and climate variability vulnerability index, four indicators were used to measure this index. After 10 years, the index increased from 0.282 to 0.291. This reflected the unforeseen issues from natural hazards. The fact that some of the extreme climates such as floods, storms happened with unforecastable trends caused more vulnerable contexts. In particular, using information about the mean standard deviation of monthly rainfall and temperature per month witnessed the given arguments. The index of monthly precipitation and temperature increased significantly, from 0.509 to 0.514 and 0.204 to 0.344 respectively. It is a need to consider the related solutions in both the short and long run to adopt extreme climate events. With many abilities from the local government and the development of living conditions, receiving the warning cautions of natural hazards as well as extreme climate events on TV or internet were more popular due to the less vulnerable context for the households.

#### 3.3. Vulnerability in Term of Social Capital

This index comprised two major components with five indicators. There was a little change of this index from 0.081 in 2007-2008 to 0.075 in 2017-2018. The contribution encompassed by socio-demographic with the increase from 0.087 to 0.094 and socio networks with a decrease from 0.073 to 0.045, respectively. The

findings in this capital index indicated that the households were less vulnerable in the dimension of social capital. After 10 years, the dependency ratio reduced from 0.354 to 0.290, this decline was caused by the separation of the family member. Frankly, in 2007-2008, the family size in average was around over 6, in some cases, it could be over 10. The given issues trapped the households into a more vulnerable situation because of the high dependency ratio combined with low land fertility as well as low-skilled labors. The given issues affected the livelihood pathway for the households. At present, with the success of the national policy from the multi-level government with the target that each household should have from 1 to 2 children and the awareness of households, the family size fluctuated around 4-5, denoting a dramatic decrease compared to that of the last term. As a result, this index reduced from 0.079 to 0.073 in 2007-2008 and 2017-2018, respectively. Poverty reduction has been playing an important role. It was the fact that although the study indicated the significant decrease of poor households but in many cases, compared with the current poverty standard, the majority of the households was still under the poverty line. This result was explained by the KII's result and deeply analyzed case by case of the data. The given results reflected the inequality of income distribution. In the domain of social networks, a majority of the household percentage participated in mass organizations compared with the last term. By joining given organizations, the households had more opportunities in accessing information, credit as well as training courses. As a good result, households could reduce vulnerability.

#### 3.4. Vulnerability in Term of Physical Capital

Using a group including three indicators to identify physical index, the indicators in the percentage of the temporary houses and partially submerged houses measure the level of vulnerability of house while the percentage of households with no access to the production means present the ability of household to cope with natural disasters. The households improved their condition to adapt to natural disasters, with the positive changes in living conditions, more investment in a house to satisfy the better life as well as capacity building in reducing the natural risks and different actors of the vulnerable context. With the improvements in various sectors, the households had more chances to get access to production mean at present. In overall, the value of this dimension scoring in 2007-2008 was higher than that in 2017-2018, 0.139 compared with 0.048, proving that households had a good condition in physical capital to adapt to the diversification of the vulnerable contexts.

#### 3.5. Vulnerability in Term of Financial Capital

This dimension applied two indicators including the percentage of households borrowing money, the percentage of households has cash when they need to solve problems. The results presented that the value of the index of the households having loan reduced from 0.636 to 0.455, compared 2007-2008 with 2017-2018. In fact, there were various credit institutions offering preferential interest rates in favor of agricultural activities, but the households reported that they did not want to be in debt. Particularly, the households having members attending university further explained why they were getting a loan. With the diversification of livelihood strategies, the households had more chance to generate income and save money.

This could help the households not only for daily expenditure but also for their capacity to adapt to risks. Finally, the given indicators contributing to the overall of this capital index was 0.405 and 0.273, compared 2007-2008 with 2017-2018.

## 3.6. Comparative Vulnerable Index of Five Types Capitals

Excluding natural capital, the comparison of five type capitals identified the less vulnerability of the households in 10 years (Table 4). The most critical dynamic change contributed is financial and human capitals from 0.405-0.273 to 0.365-0.313 in 10 years respectively, to which, such reduction of the households on loan was significantly contributed. In the domain of human capital, there is fluctuation caused by various dimensions with the positive pathway. This is appraised as a significant achievement for the province. In the aspect of natural capital, it can be seen that the increase of vulnerability after 10 years, scores 0.194 in 2007-2008 and 0.225 in 2017-2018 respectively. The negative issues produced by natural disasters and climate variability imply that incoming policies needed to focus on discussing as well as proposing sustainable solutions. The findings also provided a positive in the view of social capital and physical capital.

#### 3.7. Major Components for LVI in 10-year Period

Considering deeply the ten major components, it sees a dynamic fluctuation (Table 5 and Figure 3). Some of the subcomponents were less vulnerable including health, livelihood strategies, knowledge and skills, socio-demographic, socio networks, housing and production means and finance and income. The rest still marks higher level of vulnerability. This can be the suggestions for government in issuing the policy implications that should pay attention to focus on capitals are even higher vulnerable index.

Scoring on a scale of -1-1, the results of the LVI–IPCC presented another approach for evaluating the vulnerability. It also identified a triangle vulnerability including three groups of

Table 4: Vulnerability index of 5 type capitals

Type of capital	2007-2008	2017-2018
Human capital	0.365	0.313
Natural capital	0.194	0.225
Social capital	0.081	0.075
Physical capital	0.139	0.048
Financial capital	0.405	0.273
LVI	0.244	0.214

Source: baseline data in 2009 and surveyed household in 2017-2018

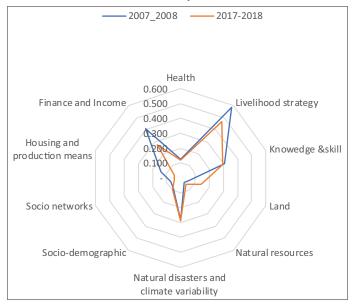
Table 5: The vulnerability of major components for LVI

Type of major component	2007-2008	2017-2018
Health	0.126	0.120
Livelihood strategy	0.585	0.469
Knowledge and skill	0.309	0.297
Land	0.055	0.145
Natural resources	0.036	0.055
Natural disasters and climate variability	0.282	0.291
Socio-demographic	0.087	0.094
Socio networks	0.073	0.045
Housing and production means	0.139	0.048
Finance and Income	0.405	0.273

Source: Baseline data in 2009 and surveyed household in 2017-2018

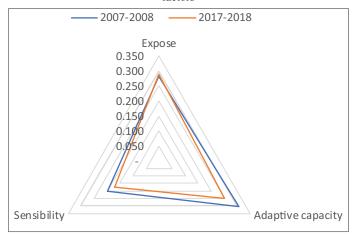
dimensions including exposure, adaptive capacity and sensitivity with the function of the LVI-IPCC = [Exposure-Adaptive capacity]\*Sensitivity. Reaching the same major indicators of

Figure 3: Vulnerability diagram of major components for livelihood vulnerability index



Source: Baseline data in 2009 and surveyed household in 2017-2018

Figure 4: Vulnerable triangle of livelihood vulnerability index–IPCC factors



Source: Baseline data in 2009 and surveyed household in 2017-2018

the LVI, after 10 years, a slight reduction of three dimensions comprised for the overall LVI–IPCC that valued with -0.005 in 2007-2008 compared with 0.007 in 2017-2018, implying that in 2017-2018 may be more vulnerable than 2007-2008 because the most contribution of exposure component (Figure 4). In detail, a vulnerability triangle diagram 4 and Table 6 shows the value for exposure, adaptive capacity and sensitivity. The results illustrate that in 2017-2018 may be more exposed to natural disasters and climate variability than in 2007-2008, compared to 0.291 and 0.282. Besides, in 2017-2018, it may be less sensitive to natural disasters and climate variability than that in 2007-2008, compared to 0.172 and 0.199. Finally, the socio-demographic, livelihood strategy and social networks show that, in 2017-2018, it may be less adaptive capacity in 2007-2008, compared to 0.250 and 0.305.

## 4. CONCLUSIONS AND RECOMMENDATIONS

The study was conducted in the coastal sandy zone in TTH province to compare the livelihood vulnerability in 2007-2008 to that in 2017-2018. By using 28 indicators distributed to five capital of SLF, the primary results indicated that the households in TTH have been achieving various achievements in the developmental pathways. The overall vulnerable index is upgraded showing the higher capacity of households to cope with vulnerable context. It was the fact that, after 10 years, the development of TTH province was reflected by the improvements in the living conditions of households regarding income, health condition, housing facility, ability to get access to the training courses, gathering contributed positive effects for the households to obtain the sustainable livelihood strategies. In other aspects, it is still exited some of the threats relating unpredictable trends of extreme climate event, the shortage of labor force in term of the agricultural sector for the next coming years. The findings also reported that households had less dependence on the agricultural sector while the main vulnerability of the households was subject to farming activities. This issue could be considered a significant success in the development process of this region. In addition, the migration strategy has been playing the core value that contributing to other dimensions of households' livelihood like the chain of positive external effects. Based on the findings of the study, we strongly propose some recommendations to solve the present difficulties in this province.

Table 6: Contributed factors of LIV – IPCC

Table 6: Contributed factors of LTV – IPCC						
Type of contributed factor	2007-2008	2017-2018		2007-2008	2017-2018	
Natural disasters and climate variability	0.282	0.291	Exposure	0.282	0.291	
Livelihood strategy	0.585	0.469	Adaptive capacity	0.305	0.250	
Socio-demographic	0.192	0.213				
Socio networks	0.073	0.045				
Health	0.126	0.120	Sensibility	0.199	0.172	
Knowledge and skill	0.309	0.297				
Land	0.055	0.145				
Natural resources	0.036	0.055				
Housing and production means	0.139	0.048				
Finance and Income	0.405	0.273				
LVI-IPCC				-0.005	0.007	

Source: Baseline data in 2009 and surveyed household in 2017-2018

Firstly, it is vital to pay attention to the long-term solution for capacity building to adapt to climate variability. This solution is based on a higher score in the dimension of the natural disaster. It is the fact that providing the related training courses to mitigate the impact of the climate's issues and raise awareness of the households might support the households to understand the current issue of climate conditions and be more active in adaption to and mitigation of the same in the long run.

Secondly, it is crucial to provide the training courses to improve the quality of labor source and pay more attention to the labor shortage in the agricultural sector. It is the fact that when the citizens have a higher educational level and working skill, they will get more chance to migrate to developed cities with better conditions of the workplace and competitive salary due to the lack of labor in rural areas. This recommendation is based on the result of FGD and case-by-case analysis.

Thirdly, it is very interesting in case of the credit providers, local governments and enterprises consider providing both credit and guidance for the households on efficient spending. This recommendation is based on the result of households did not willing to borrow credit because they do not know how to use it.

Fourthly, it is essential to have a strong linkage between local governments, NGOs, universities, and enterprises to provide specific training programs for households. Moreover, it should pay attention to not only quantitative but also qualitative training courses. This recommendation is based on the finding that it was still high in the percentage of households without obtaining a training course.

Last but not least, local governments need to consider to merge the small-scale fields to the larger one. It will be more favorable for households to do farming activities. This recommendation is based on the finding that it is still high the percentage of household owning a tiny scale of land use.

In the dimension of the contribution of the study, a deeper understanding of the vulnerable context of household communities will support policy intervention, social project as well as impact assessment on given factors such as change of vulnerable contexts, structure, and process. Besides, on the contribution to carrying out valuable information, in other dimensions, this study still remains various limitations. Mainly, it is too complicated to have a thorough assessment of livelihood vulnerability and it is a must to consider many aspects of social, economic as well as the issue of process, structure, and policy. Based on 10 years of baseline data for re-conducting the study, some of the indicators witnessed a huge fluctuation and bias. Some of these indicators cannot be fully relied on to improve the quality of conclusions and recommendations. By so far, it may be applying this approach and updating some recent indicators to have a full evaluation and, also reduce the duration between two or three surveys for more efficiency. Implementing a dual study to consider the impact of extreme climates and perception of the communities adapting to given issues can be necessary.

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